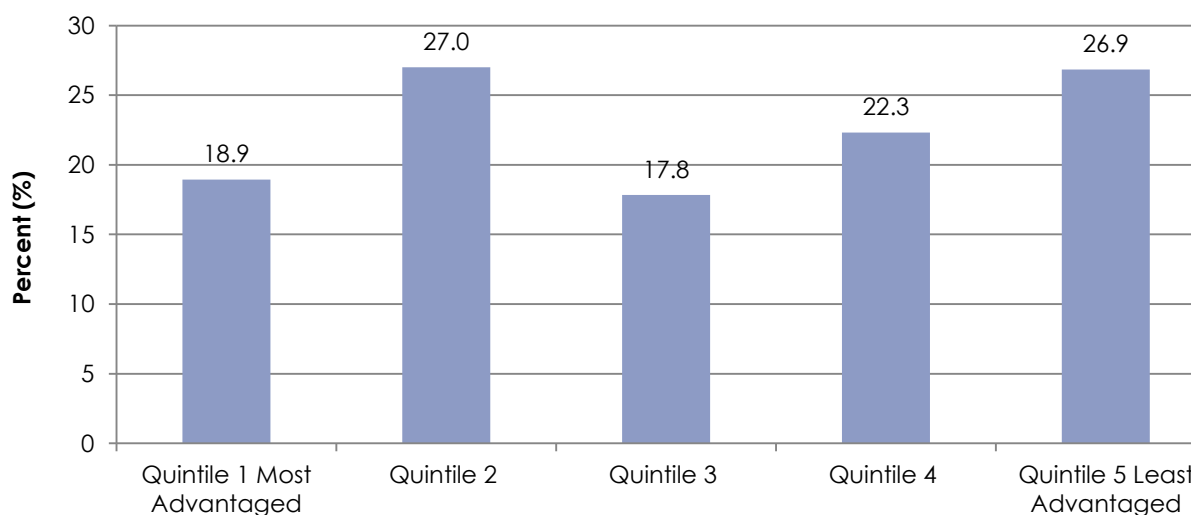


Postpartum Depression Additional Data

Highlights

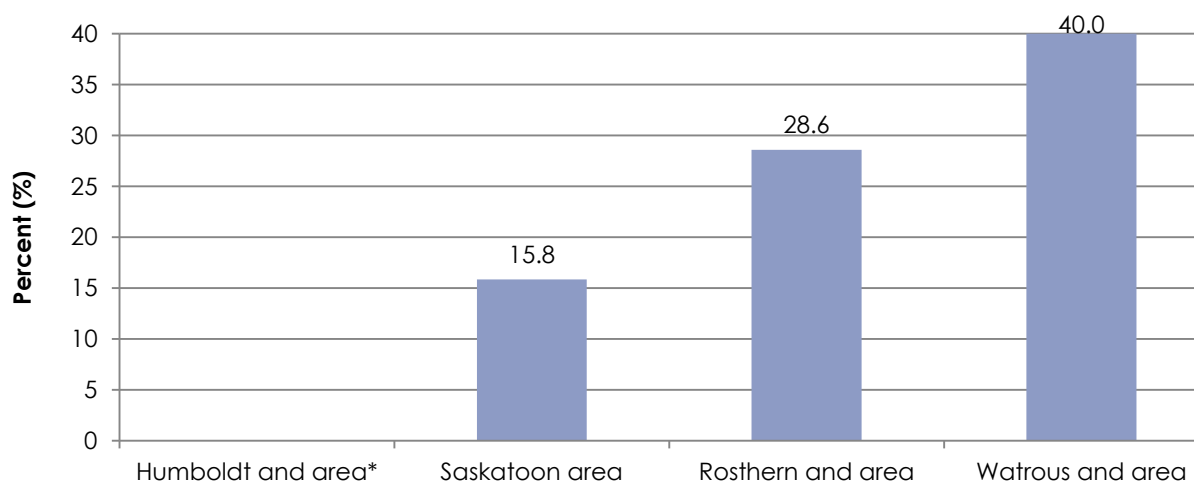
- There was very little difference in postpartum depression by socio-economic status between 2013 and 2015 combined (Figure 1). Mothers living in quintile 2 and quintile 5 had the highest rates.
- There were differences in at risk for postpartum depression depending on where mothers lived. Figure 2 shows that mothers living in the Watrous area of the Region had the highest at risk postpartum depression rates (40%), while mothers from the Saskatoon area were lowest (15.8%).
- Women had similar self-reported mental health averages compared to Regional totals. In 2013/14, 73.1% of women in the child bearing years (15-44 years) reported very good to excellent self-reported mental health. See [here](#) for more details.

Figure 1: Percentage of Mothers At Risk for Postpartum Depression at Two Weeks, Areas of Advantage, Saskatoon, 2013 to 2015 Combined



Source: Population and Public Health

Figure 2: Percentage of Mothers At Risk for Postpartum Depression at Two Weeks, Rural Planning Zones, Saskatoon Health Region, 2013 to 2015 Combined



*Suppressed due to small sample size. Source: Population and Public Health