

# Bicycle Injuries

## Why Is This Important?

Bicyclists are at increased risk for injury or death due to minimal protection and the weight difference between themselves and motor vehicles. After motor vehicle collisions, bicycling injuries accounted for the second highest transport related costs in Canada in 2010. Bicycling is also the leading cause of sport and recreational injury in children and adolescents in Canada.

Boys are at increased risk for bicycling related injuries compared to girls. Newcomers have also been found to be at increased risk for bicycling related injuries.

## What Is Being Done?

[Bicycle Safety Week](#) from the Saskatchewan Prevention Institute

Brain Walk, PARTY Program and No Regrets from [Acquired Brain Injury](#)

SGI [Safety Squad](#) works throughout summer delivering safety programs

## To Learn More:

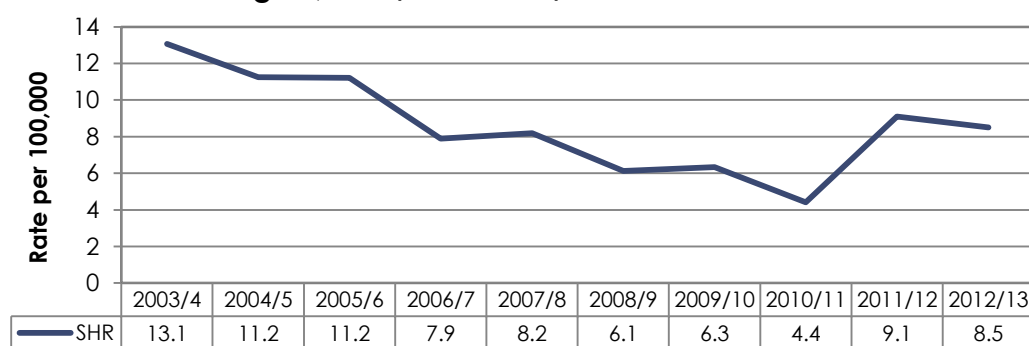
Chief Medical Health Officer's [Call to Action](#)

## Highlights

### Bicycle injury hospitalization rates have decreased over time.

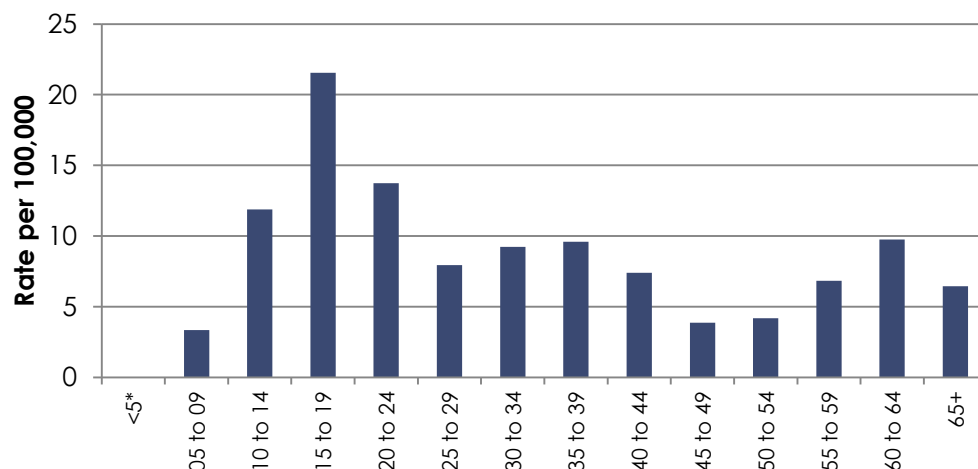
- In 2012/13 the total number of bicycle injury hospitalizations was 26 at a rate of 8.5 per 100,000 (Figure 1).
- Bicycle injury hospitalization rates have decreased 35% over time from 13.1 per 100,000 in 2003/04 to 8.5 in 2012/13 (Figure 1).
- Bicycle injury hospitalization rates vary by age group. The 15 to 19 year olds had higher rates compared to other age groups (Figure 2).
- Bicycle injury hospitalization rates vary by sub-group. Click [here](#) to see rates by geographic area and socio-economic status.

**Figure 1: Age Sex Standardized Bicycle Injury Hospitalization Rates, Saskatoon Health Region, 2003/04 to 2012/13**



Source: Saskatchewan Ministry of Health

**Figure 2: Bicycle Injury Hospitalization Rates, Age Group, Saskatoon Health Region, 2003/04 to 2012/13 Combined**



\* Not reportable due to small cell size.

Source: Saskatchewan Ministry of Health