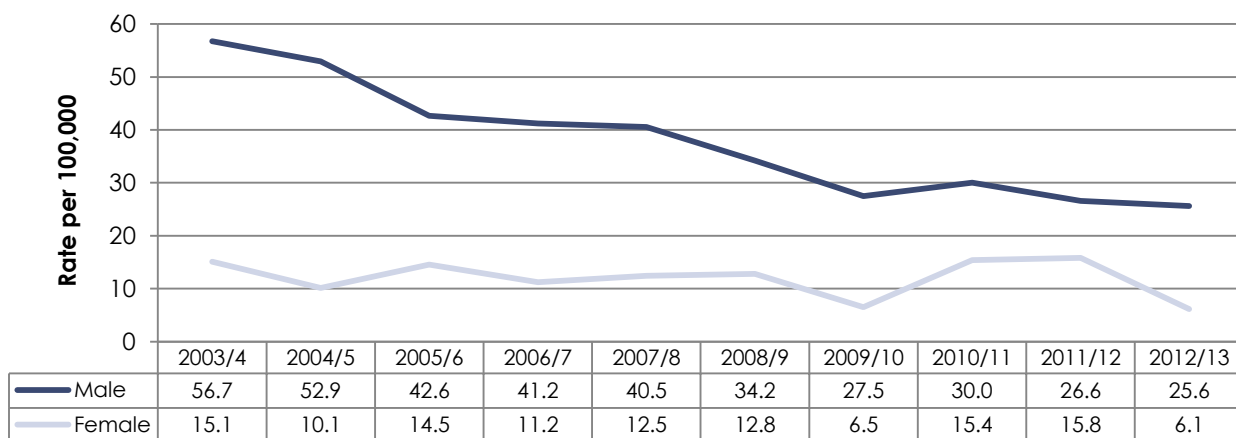


Sports-Related Injury Hospitalizations by Sub-Group

Highlights

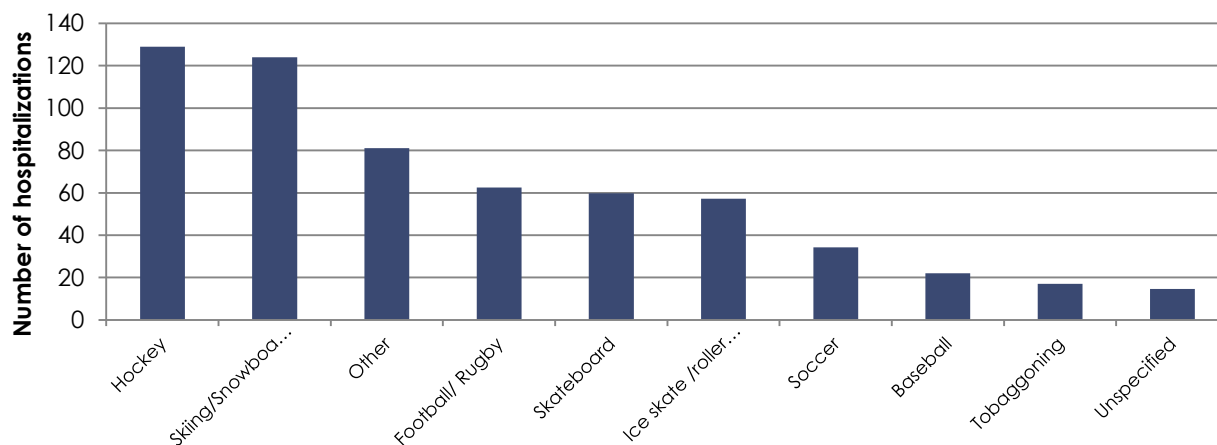
- Sports-related injury hospitalization rates were much higher for males compared to females. The gap has decreased over time as rates for males have decreased by approximately half since 2003/04 (Figure 1).
- Hockey and skiing/snowboarding were the two most common sports resulting in a hospitalization for residents of the Region with over 120 events listed between 2003/04 and 2012/13 (Figure 2).
- Sports-related hospitalization injury rates dropped over time in all rural areas between 2003/04 to 2007/8 and 2008/09 to 2012/13 (Figure 3).
- In 2014, sports-related injuries accounted for over 2,400 visits by Saskatoon Health Region residents to the three urban Saskatoon Emergency departments. Rates for 10 to 19 year old boys were the highest among all age groups (Figure 4).

Figure 1: Age Sex Standardized Sports Related Injury Hospitalization Rates, by Sex, Saskatoon Health Region, 2003/04 to 2012/13



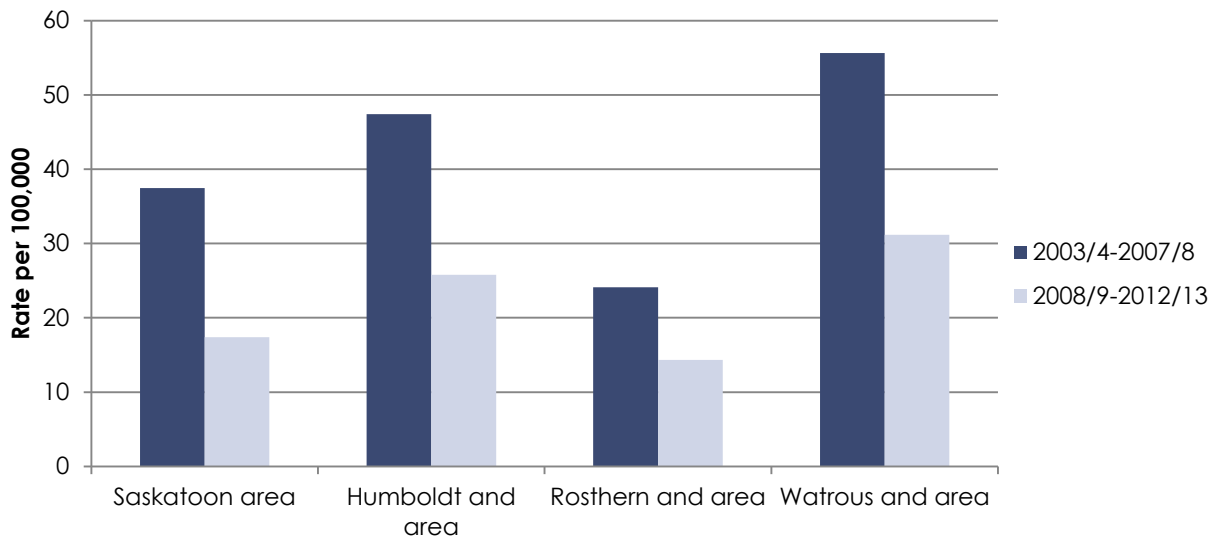
Source: Saskatchewan Ministry of Health

Figure 2: Most Common Sports Involved in an Injury Hospitalization, Saskatoon Health Region, 2003/04 to 2012/13



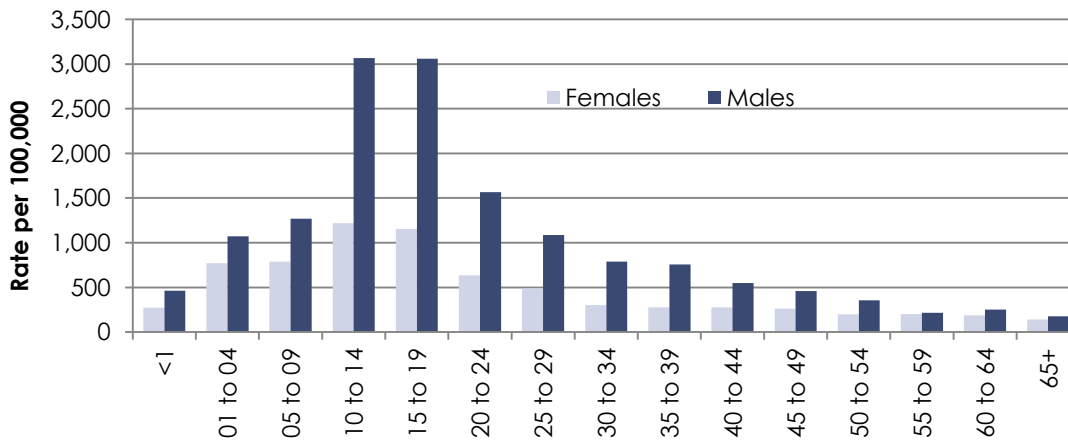
Source: Saskatchewan Ministry of Health

Figure 3: Age Sex Standardized Sports-Related Injury Hospitalization Rates, Rural Area, Saskatoon Health Region, 2003/04 to 2012/13



Source: Saskatchewan Ministry of Health

Figure 4: Sports-Related Injury Emergency Department Rates, Age Group and Sex, Saskatoon Health Region, 2014



Note: Emergency department visits are only for those seen in the three Saskatoon city hospitals.
 Source: Strategic Health Information and Planning Services, Saskatoon Health Region.