

# Self-rated Health by Sub-group

## Highlights

- Self-rated health is highest among those in the youngest age group 12 to 19 years (68.7%), with the highest incomes (71.3%), living in the least deprived areas (72.0%), those with some post-secondary (64.5%) or post-secondary graduates (62.7%) (Table 1).
- To learn more about the data, click [here](#).

**Table 1: Individuals Reporting Self-rated Health as “Very good” or “Excellent,” by Sub-group, Saskatoon Health Region, 2008 to 2012**

|   | Number Reporting Very Good to Excellent Self-rated Health | Percent Reporting Very Good to Excellent Self-rated Health | Lower CI | Upper CI |
|---|---|--|----------|----------|
| Total Saskatoon Health Region                     | 157,937   | 60.0   | 57.2     | 62.8     |
| <b>Sex</b>  |   |  |          |          |
| Male  | 77,926  | 59.9   | 56.0     | 63.7     |
| Female  | 80,010  | 60.1   | 56.9     | 63.4     |
| <b>Age Group (Years)</b>                          |   |  |          |          |
| 12-19   | 22,801  | 68.7   | 62.7     | 74.7     |
| 20-44   | 76,101  | 66.9   | 62.7     | 71.1     |
| 45-64   | 44,619  | 56.8   | 51.0     | 62.5     |
| 65+   | 14,416  | 38.2   | 34.4     | 42.1     |
| <b>Household Income Level</b>                     |   |  |          |          |
| Lowest income quintile                            | 24,556  | 49.0   | 42.6     | 55.5     |
| Second lowest income quintile                     | 26,802  | 54.8   | 49.4     | 60.1     |
| Middle income quintile                            | 31,925  | 67.0   | 61.5     | 72.6     |
| Second highest income quintile                    | 30,204  | 62.4   | 56.6     | 68.2     |
| Highest income quintile                           | 32,540  | 71.3   | 65.4     | 77.2     |
| <b>Socio-economic status by deprivation index</b> |   |  |          |          |
| Most Deprived Areas                               | 17,140  | 47.2   | 38.7     | 55.7     |
| Second Most Deprived Areas                        | 15,733  | 50.5   | 43.5     | 57.6     |
| Middle Areas                                      | 21,477  | 61.0   | 53.0     | 69.0     |
| Second Least Deprived Areas                       | 20,976  | 64.6   | 58.0     | 71.3     |
| Least Deprived Areas                              | 37,317  | 72.0   | 66.4     | 77.5     |
| <b>Education Level</b>                            |   |  |          |          |
| Less than high school                             | 22,468  | 47.5   | 42.3     | 52.8     |
| High school graduate                              | 30,993  | 63.2   | 57.1     | 69.2     |
| Some post-secondary                               | 16,975  | 64.5   | 56.4     | 72.5     |
| Post-secondary graduate                           | 86,332  | 62.7   | 58.8     | 66.6     |

**Table 1 (continued): Individuals Reporting Self-rated Health as “Very Good” or “Excellent,” by Sub-group, Saskatoon Health Region, 2008 to 2012**

|  | Number Reporting Very Good to Excellent Self-rated Health | Percent Reporting Very Good to Excellent Self-rated Health | Lower CI | Upper CI |
|--|---|--|----------|----------|
| <b>Ethnicity</b>                         |   |  |          |          |
| White                                    | 135,008   | 60.6   | 57.8     | 63.5     |
| Visible Minority                         | 21,501  | 56.7   | 47.3     | 66.2     |
| <b>Immigrant status</b>                  |   |  |          |          |
| Recent immigrant                         | 10,711  | 73.1   | 59.2     | 87.0     |
| Long term immigrant                      | 7,014   | 56.3   | 46.0     | 66.6     |
| Non-immigrant                            | 139,411   | 59.3   | 56.5     | 62.2     |
| <b>Geography</b>                         |   |  |          |          |
| Rural Saskatoon Health Region            | 32,524  | 60.8   | 56.2     | 65.5     |
| Urban Saskatoon city                     | 125,413   | 59.8   | 56.6     | 63.0     |
| <b>Geography by Rural Planning Zones</b> |   |  |          |          |
| Humboldt and Area                        | 5,819   | 53.2   | 45.2     | 61.1     |
| Rosthern and Area                        | 6,452   | 57.0   | 48.6     | 65.4     |
| Watrous and Area                         | 5,512   | 62.1   | 52.8     | 71.5     |
| Saskatoon Area                           | 14,741  | 65.9   | 58.3     | 73.6     |

\* Use estimate with caution, high sampling variability.

NR=not reportable due to low sample size.

All estimates are weighted to the Saskatoon Health Region population.

This study was conducted, in part, with data provided by the Saskatchewan Ministry of Health to the Health Quality Council. The interpretations and conclusions herein do not necessarily represent those of the Saskatchewan Ministry of Health or Government of Saskatchewan. The analyses are based on data from Statistics Canada and the opinions expressed do not represent the views of Statistics Canada.