

Overweight or Obese by Sub-group

Highlights

- Overweight or obese is lowest among females (45.9%), those 18 to 24 years (25.9%), and among those who are recent immigrants (33.5%) (Table 1).
- To learn more about the data, click [here](#).

Table 1: Individuals Overweight or Obese, by Sub-group, Saskatoon Health Region, 2008 to 2012

	Number overweight or obese	Percent overweight or obese	Lower CI	Upper CI
Total Saskatoon Health Region	124,977	54.7	52.0	57.4
Sex				
Male	73,315	63.3	59.6	66.9
Female	51,662	45.9	42.0	49.7
Age Group (Years)				
18-24	9,337	25.9	19.4	32.4
25-44	46,770	57.2	52.3	62.1
45-64	46,966	61.7	57.1	66.3
65+	21,904	63.4	59.3	67.6
Household Income Level				
Lowest income quintile	22,093	52.3	45.0	59.6
Second lowest income quintile	22,514	53.0	46.2	59.7
Middle income quintile	22,406	55.0	48.8	61.2
Second highest income quintile	25,586	58.8	52.6	64.9
Highest income quintile	23,768	56.9	49.4	64.4
Socio-economic status by deprivation index				
Most deprived areas	17,871	57.8	50.3	65.3
Second most deprived areas	17,638	62.7	54.4	71.1
Middle areas	16,645	51.5	43.8	59.1
Second least deprived areas	13,990	49.4	41.7	57.1
Least deprived areas	23,606	52.7	45.1	60.2
Education Level				
Less than high school	15,131	63.3	55.5	71.2
High school graduate	24,909	54.3	47.5	61.1
Some post-secondary	10,886	44.5	37.2	51.7
Post-secondary graduate	73,264	55.2	51.6	58.9

Table 1 (continued): Individuals Overweight or Obese, by Sub-group, Saskatoon Health Region, 2008 to 2012

	Number overweight or obese	Percent overweight or obese	Lower CI	Upper CI
Ethnicity				
White	108,723	55.6	53.0	58.2
Visible Minority	15,647	49.6	37.9	61.3
Immigrant status				
Recent immigrant*	4,216	33.5	14.7	52.2
Long term immigrant	5,737	48.5	37.3	59.6
Non-immigrant	114,790	56.5	53.7	59.3
Geography				
Rural Saskatoon Health Region	25,773	57.6	53.0	62.3
Urban Saskatoon city	99,204	54.0	50.8	57.1
Geography by Rural Planning Zones				
Humboldt and Area	5,478	59.2	48.7	69.7
Rosthern and Area	5,243	53.8	44.3	63.4
Watrous and Area	4,711	69.0	58.9	79.0
Saskatoon Area	10,342	54.8	46.9	62.6

* Use estimate with caution, high sampling variability.

NR=not reportable due to low sample size.

Estimates have been weighted to the Saskatoon Health Region population.

This study was conducted, in part, with data provided by the Saskatchewan Ministry of Health to the Health Quality Council. The interpretations and conclusions herein do not necessarily represent those of the Saskatchewan Ministry of Health or Government of Saskatchewan. The analyses are based on data from Statistics Canada and the opinions expressed do not represent the views of Statistics Canada.