

# Alcohol Binge Drinking by Sub-group

## Highlights

- Alcohol binge drinking is pronounced among males (25.6%), those 20 to 44 years (28.9%), those with the highest self-reported income (27.2%), and those that are living in Saskatoon city (21.9%) (Table 1).
- To learn more about the data, click [here](#).

**Table 1: Percent of Individuals Having Five or More Drinks on One Occasion at Least Once a Month by Sub-group, Saskatoon Health Region, 2008 to 2012**

	Number binge drinking	Percent binge drinking	Lower CI	Upper CI
Total Saskatoon Health Region	53,470	20.3	17.7	22.9
<b>Sex</b>				
Male	33,295	25.6	21.9	29.2
Female	20,175	15.2	11.6	18.8
<b>Age Group (Years)</b>				
12-19	6,996	21.1	15.5	26.7
20-44	32,925	28.9	24.8	33.1
45-64	12,392	15.8	11.3	20.2
65+*	1,158	3.1	1.6	4.5
<b>Household Income Level</b>				
Lowest income quintile	7,868	15.7	11.0	20.4
Second lowest income quintile	10,350	21.1	14.6	27.6
Middle income quintile	9,537	20.0	15.0	25.0
Second highest income quintile	9,791	20.2	14.9	25.6
Highest income quintile	12,393	27.2	21.2	33.1
<b>Socio-economic status by deprivation index</b>				
Most deprived areas*	5,333	14.7	9.1	20.2
Second most deprived areas	8,598	27.1	20.1	34.2
Middle areas of deprivation	11,129	31.5	22.8	40.3
Second least deprived areas*	5,218	16.1	10.4	21.8
Least deprived areas	11,292	21.7	16.8	26.7
<b>Education Level</b>				
Less than high school	5,568	11.8	8.1	15.5
High school graduate	12,292	25.0	18.8	31.3
Some post-secondary	8,789	33.3	24.3	42.3
Post-secondary graduate	25,932	18.8	15.8	21.8

**Table 1 (continued): Percent of Individuals Having Five or More Drinks on One Occasion at Least Once a Month by Sub-group, Saskatoon Health Region, 2008 to 2012**

	Number binge drinking	Percent binge drinking	Lower CI	Upper CI
<b>Ethnicity</b>				
White	47,116	21.1	18.3	24.0
Visible Minority*	5,838	15.4	9.6	21.2
<b>Immigrant status</b>				
Recent immigrant*	2,157	14.7	5.4	24.0
Long term immigrant	NR	NR	NR	NR
Non-immigrant	50,435	21.5	18.6	24.3
<b>Geography</b>				
Rural Saskatoon Health Region	7,543	14.1	10.4	17.8
Urban Saskatoon city	45,928	21.9	18.8	25.0
<b>Geography by Rural Planning Zones</b>				
Humboldt and Area*	1,753	16.0	7.9	24.1
Rosthern and Area*	1,608	14.2	7.0	21.4
Watrous and Area*	1,029	11.6	4.8	18.4
Saskatoon Area*	3,153	14.1	8.4	19.8

\* Use estimate with caution, high sampling variability.

NR=not reportable due to low sample size.

Estimates have been weighted to the Saskatoon Health Region population.

This study was conducted, in part, with data provided by the Saskatchewan Ministry of Health to the Health Quality Council. The interpretations and conclusions herein do not necessarily represent those of the Saskatchewan Ministry of Health or Government of Saskatchewan. The analyses are based on data from Statistics Canada and the opinions expressed do not represent the views of Statistics Canada.