

# Employment

## Why Is This Important?

Employment provides more than income, as it also contributes to personal development, social relationships and self-esteem, all of which are important for health. Unemployment causes stressors, similar to those of losing a loved one, and is accompanied by loss of income, personal work relationships, daily structure and sense of purpose. Unemployment is associated with higher overall death rates and decreased mental health.

## Examples of Action Being Taken:

Saskatoon Health Region's [Representative Workforce](#)

The Saskatoon Regional Intersectoral Committee's [Saskatoon Aboriginal Employment Partnership](#)

## What More Can Be Done?

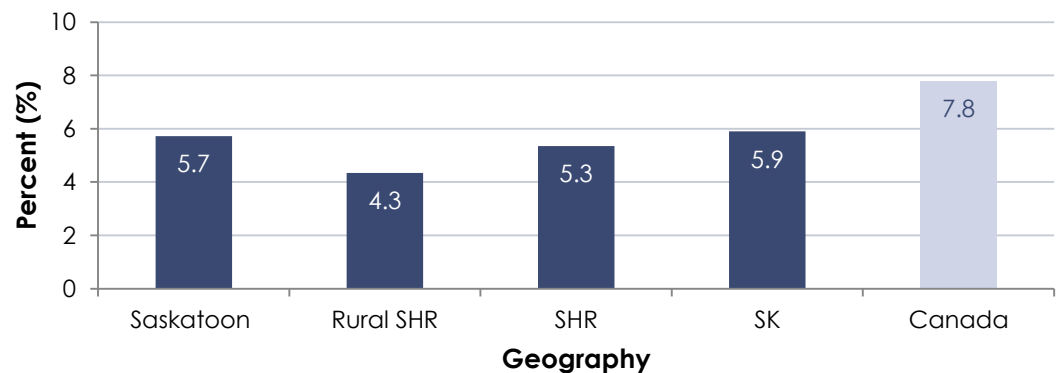
See the Chief Medical Health Officer's [Call to Action](#)

## Highlights

### Saskatoon Health Region continues to enjoy low unemployment.

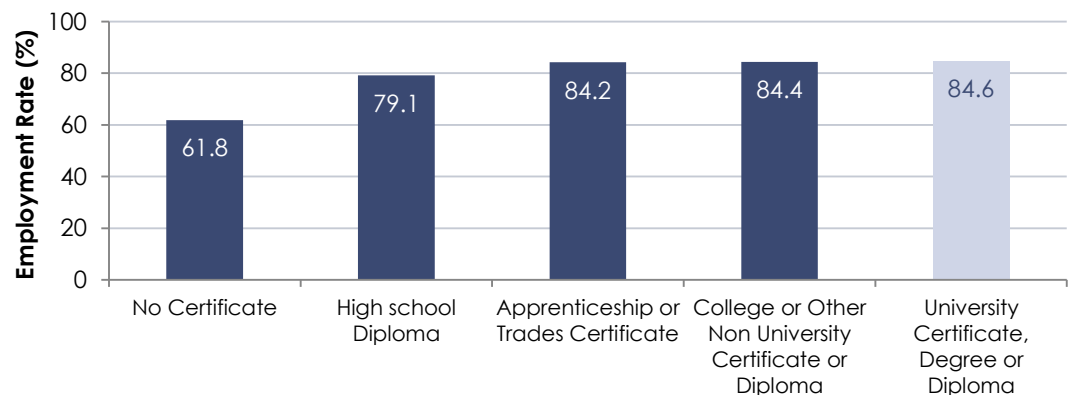
- The Regional unemployment rate was below the provincial and national averages in 2011 (Figure 1). As of January 2014, Saskatchewan had the lowest unemployment rate in the country at 4.3% (data not shown).
- Education matters. Those without a high school education in Saskatchewan (i.e. no certificate) had a much lower employment rate (61.8%) than those with at least a high school education (79.1%) (Figure 2).
- A recent public opinion [survey](#) of Saskatoon residents found 84.8% support for subsidized work training for adults.

Figure 1: Unemployment Rate, Saskatoon Health Region, Saskatchewan and Canada, 2011



Source: [Statistics Canada - National Household Survey](#)

Figure 2: Employment Rate by Educational Attainment, Saskatchewan, 2011



Source: [Statistics Canada - National Household Survey](#)