

First Nations and Métis Population

Why Is This Important?

Saskatoon Health Region boundaries are contained within Treaty 6 territory. First Nations and Métis peoples are dynamic and energized populations that have fundamentally contributed to the formation of our society and, yet, whose health potential is not fully realized due to a combination of economic, political and social disparities. The complex history of relations among Aboriginal peoples and Canada has resulted in unfair chances to live healthy lives. Historical trauma, oppression, disempowerment, and institutionalized racism and discrimination significantly contribute to poorer health outcomes for First Nations and Métis peoples. By addressing this unfairness, First Nations and Métis peoples will have equal opportunities for better health.

Examples of Action Being Taken:

Saskatoon Health Region [Representative Workforce](#) and [Cultural Competency Policy](#)

The implementation of the [First Nation and Métis Health Service](#)

Strengthening the Circle Partnership's [Aboriginal Health Strategy](#)

What More Can Be Done?

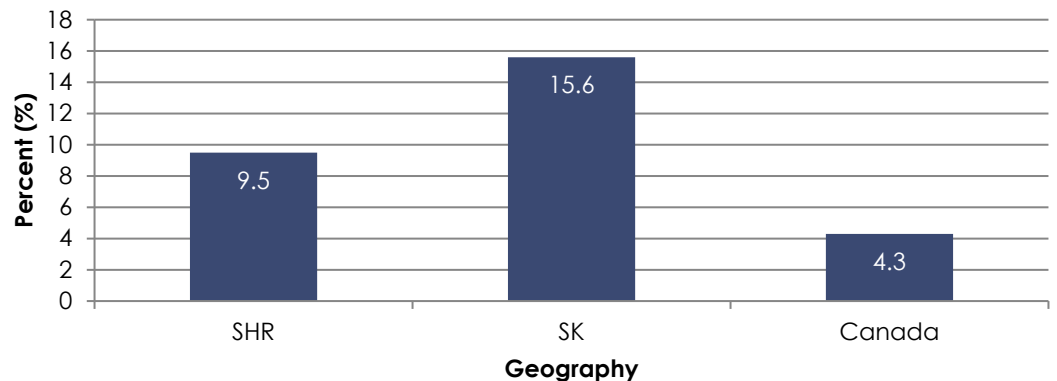
See the Chief Medical Health Officer's [Call to Action](#)

Highlights

First Nations and Métis peoples are a significant proportion of our population.

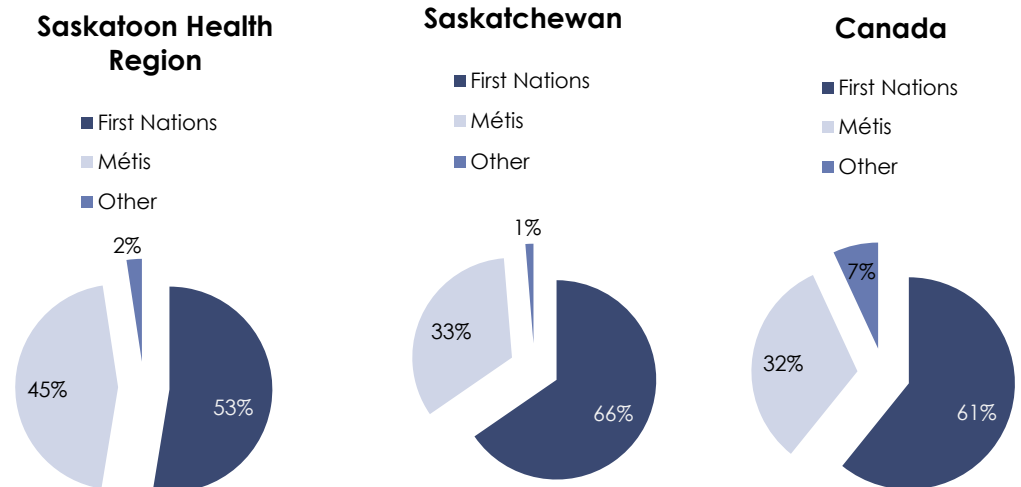
- The population of those who identify as Aboriginal (including First Nations, Métis and Inuit) has been increasing in Saskatoon Health Region. In the Region, 9.5% (28,850) people identified as Aboriginal in 2011, higher than 4.3% in Canada, but lower than 15.6% in Saskatchewan (Figure 1).
- A much higher percentage were Métis in Saskatoon Health Region (46.0%) compared to Canada and Saskatchewan (33.0%) (Figure 2).
- A recent public opinion [survey](#) conducted among Saskatoon residents found increased support for First Nations and Métis self-determination (66.0% in 2013 compared to 60.0% in 2006).

Figure 1: Percent of the Population that Identifies as Aboriginal, Saskatoon Health Region, Saskatchewan and Canada, 2011



Source: [Statistics Canada-National Household Survey](#)

Figure 2: Sub-groups of Population that Identify as Aboriginal, Saskatoon Health Region, Saskatchewan and Canada, 2011



Source: [Statistics Canada-National Household Survey](#)